



## **About us...**

### **How we started, Who we are and Why we need your help!**

Led by their hearts, Debi Natale and Helen Carey, Co-Directors, started Parent to Parent Addiction Services, Inc. in Warren County in 2014. Helen's son Billy tragically lost his life at the age of 20 to an accidental overdose in 2013. Debi's son Frankie, after many years of suffering with a substance use disorder is now living in long term recovery since October 2012.

Debi and Helen met at a local Heroin to Pills event. In talking, they felt God leading them to speak out and try to enact change by starting a conversation that drugs and substance use is in every town, and most families know someone who is being affected. When they were living through this hell of addiction they felt alone, stigmatized and afraid for their child's life. They very early on realized the term letting them hit "rock bottom," is no longer an option! Unfortunately, now it's get help or they will die! In 2014, they had a vision and decided to start a support group for individuals who had loved ones suffering with substance use disorder because they could not find anyone to talk to or to get answers to questions. Within months their support group grew to over 35 people and it continues to grow, which led them to realize that they couldn't help families, if they didn't also help their loved one access support services, such as getting into detox, rehab., or other treatment such as, sober living, and then living in recovery.

### **FREE Services Offered by Parent to Parent**

#### **HOPE ONE**

Through donations, Parent to Parent acquired the Warren County HOPE ONE Recovery Van in 2020 to bring community resources to all areas of Warren County. During outreach Parent to Parent offers narcan training with a free kit given along with an option to anyone needing treatment, a straight to treatment same day option through the C.L.E.A.R. (Community Law Enforcement Addiction Recovery) Program. Transportation and sober living entrance fees are also available.

#### **Recovery Stop Drop-In Center Services**

- Recovery Coaches or Certified Peer Recovery Specialists available for support
- Volunteer Licensed Counselors available by appointment
- All Recovery Meetings
- Relapse Prevention Meetings
- Coffee Chat discussing all things recovery with a CPRS
- Individual/Family Support along with C.R.A.F.T. (Community Reinforcement Addiction Family Training) & Grief Support

**Parent to Parent offers all of the above services in spite of very limited funding so any help you can give to partner with us to save lives is appreciated. *Recovery Happens!***

*Warren County had increases in the number of overdose deaths with 20 reported in 2019, 36 in 2020 (1.8 times higher number of deaths IN ONE YEAR) and 28 reported in 2021. This is double the number of deaths from 2013 the first-year data became available at 14 suspected overdose deaths. The number of Naloxone Administrations reported were 120 in 2019, 134 in 2020 and 116 in 2021. (Source: NJ O.A.G., Overdose & Naloxone Administration data CARES).*

### **P2P Mission Statement**

Parent to Parent Addiction Services, Inc. in the spirit of unity and compassion, offers strength, hope, and advocacy. We support families and their loved ones suffering the ravaging effects of substance abuse disorders. Our mission is to reduce the number of overdose deaths by helping access quality, affordable treatment and support services. This is so NO ONE is denied the opportunity to seek recovery. We strive to empower individuals and the community through education, awareness, and developing healthier conversations to reduce the stigma associated with this disease.

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***"It Made a Difference For That One"***