




















BELVIDERE Senior Nutrition & Activities Center Month of: FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		National Freedom Day 1	Groundhog Day 2	3
<p>MEDICARE COUNSELING: FOR AN APPOINTMENT CALL 908-475-6591</p>	<p>BIRTHSTONE: AMETHYST FLOWER: VIOLET AMERICAN HEART MONTH AMERICAN HISTORY MONTH BLACK HISTORY MONTH</p>	<p>Exercise with Verla 10:30</p> <p>BINGO WITH DESIREE 11 am</p> 	<p>Banking Questions? Ask Emily from Valley National Bank 10:30</p> 	<p>50/50 Raffle</p> 
6	Charles Dicken's Day 7	Boy Scouts Day 8	Hershey's Chocolate founded 9	10
<p>Exercise with Verla 10:30</p> 	 <p>NURSE</p>	<p>Lehigh Valley Cloggers 11 am</p> 	<p>Warren Hospital's Sandy Dean 11 am (Health Education Program)</p> 	<p>50/50 RAFFLE</p> <p>BINGO WITH ROBIN 11 am</p> 
13	Valentine's Day 14	Susan B. Anthony's Birthday 15	Do a Grouch a Favor Day 16	17
<p>CENTER CLOSED In observance of Lincoln's Birthday</p>	<p>VALENTINE'S DAY PARTY</p> 	<p>Sherry from Rutgers 11 am</p> 	<p>Lee on the bagpipes 11 am</p>  <p>Game with Robin 10 am</p>	<p>50/50 Raffle</p> 
20	21	George Washington's B-day 22	23	National Tortilla Chip Day 24
<p>CENTER CLOSED In observance of President's Day</p>	<p>ZUMBA GOLD CHAIR EXERCISE WITH MARY ELLEN 11:15 to 12:00</p> 	<p>Tea Party</p> 	<p>Genealogy with Rosalie 11 am</p>  <p>Bingo with Robin 10 am</p>	<p>BIRTHDAY BASH</p>  <p>50/50 Raffle</p>
International Polar Bear Day 27	Public Sleeping Day 28	National Surf & Turf Day 29		Revised 1/20/12
<p>Entertainer – Davey 11 am</p> 	<p>TRINKET TABLE</p> 	<p>BINGO WITH DONNA 11 AM SCONES</p> 	<p>VOLUNTEER OPPORTUNITIES AVAILABLE. DO YOU HAVE A SPECIAL TALENT YOU WOULD LIKE TO SHARE? CALL US!</p>	<p>BE SURE TO CALL 24 HOURS IN ADVANCE FOR MEAL RESERVATIONS! ST. MARY'S CHURCH 408 THIRD ST. BELVIDERE, NJ 908-475-5610 COME AND JOIN US!!</p>